

*Real World Cycling  
presents*

# **ESI™ 100% SILICONE GRIPS**

## PICTORIAL INSTALLATION INSTRUCTIONS

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# **ESI™ 100% SILICONE GRIPS**

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## **RECOMMENDED TOOLS AND SUPPLIES**

FOR INSTALLING

**RACER'S EDGE®**

and

**CHUNKY®**

**100% SILICONE GRIPS**



- Sharp scissors
- Isopropyl alcohol
- Shop towel
- Rubber Mallet
- Air "gun" and attachments
- Compressed Air,  
CO2, or Nitrogen

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1) Use sharp scissors or "snips" to remove the old grips.

2) Use Isopropyl alcohol to clean off any residual adhesive from the handle bar.



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3) Start the bar plug into the bar end.

4) If necessary, use a rubber mallet to apply a little "gentle persuasion" to fully seat the bar end plug.



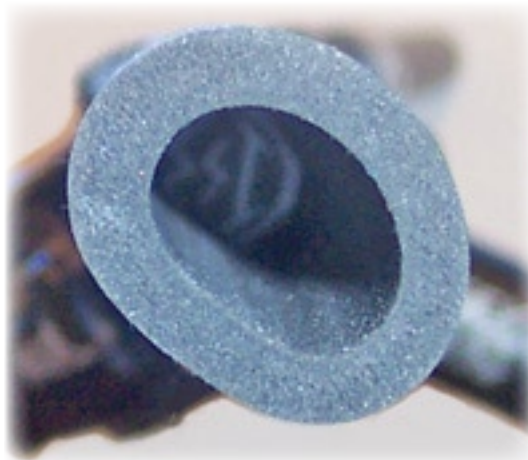
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5) Start the new grip onto the end of the bar.

Note that there is a thicker portion of the grip. When starting the grip, orient this thicker section so that the the palms of the hands will rest on it when riding.



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6) Use compressed air to push the grip onto the bar.  
(CO2 and Nitrogen are also acceptable)

a) Straddle the top tube of the bike and "lock" the front wheel between your legs to keep the handle bars from moving.

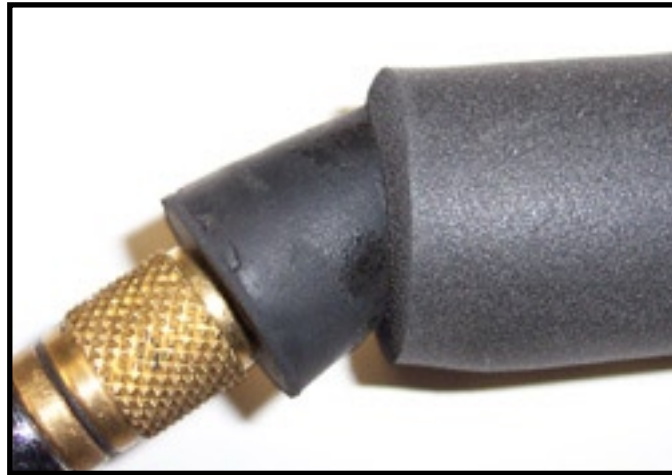
b) Use the air gun to apply short bursts of air (at about 30-40 PSI), as you push the grip onto the bar. Proceed until you are near the bar end plug, as pictured below.

Note: If you do not have an adapter for your air gun, you can wrap electrical tape around the standard air nozzle until it fits snugly inside the end of the grip.



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## 7) Complete the grip installation.

While rotating around the bar end, use short bursts of air directed **between** the bar and the grip to “scoot” the grip into place (use your other hand to simultaneously pull on the opposite end of the grip).



## 8) Repeat steps 1-7 for the other side.